

FALLSPORTS TEAMJERSEY DECORATION GUIDE



Your Playbook for Fanwear, Jerseys & Spirit Merch

sports.613originals.com

Legacy Starts Here

Fall sports season isn't just game time — it's go time for decorators. From first practice to the championship game, teams need custom jerseys, warmups, and spirit wear fast. You need transfers that keep up.

At 613 Originals, we print what matters — what lasts, what becomes legacy. Our transfers are built for performance, with industry-leading quality and fast turnaround times that match your pace.

Whether it's a hometown soccer club, a Friday night football team, or the entire league, we make it easy to deliver gear that looks good, lasts long, and arrives on time, every time.

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This guide is filled with placement diagrams, sizing charts, and pro tips so every press is perfect.

Let's win the season together.

613 Originals

Which Transfer Type Wins?

The right formula changes everything. Pick the transfer that plays to your strengths and your client's needs.



Screen Print: The All-Around MVP

P Best for: Team tees, spirit wear

Material compatibility: Cotton, polyester blends

Finish: Matte, soft-hand feel

• **Pro tip:** Fast to apply and unbeatable for high-volume orders



Direct to Film: The On-Demand Game Changer

Best for: Fanwear, low-quantity runs, peresonalization

Material compatibility: Nearly all fabrics

• **Pro tip:** Perfect for personalization that can't wait



Digital Hybrid: Pro-Level Performance and Quality

Best for: Premium jerseys, high-end fanwear

Material compatibility: Polyester, cotton, blends

Finish: Smooth, high-definition, matte finish

Pro tip: Bleed-resistant performance for modern polyester uniforms



Silicone: The Dye-Sub Defense

P Best for: Dye-sublimated polyester

Material compatibility: Polyester

Finish: Matte, thin profile

Pro tip: Stops color bleed so your designs stay sharp under pressure



UV DTF: Hard Goods' Secret Weapon

Best for: Helmets, bottles, decals, accessories

Material compatibility: Smooth surfaces like plastic and glass

Finish: Glossy, dimensional look

Pro tip: Expand your offering without a hear

Soccer Jerseys

Lightweight, breathable, and often sublimated, soccer jerseys need transfers that perform under pressure. Crisp names, bold numbers, and sponsor logos should stay sharp from kickoff to the last play.

FRONT LOGO / CREST

3-4" wide 3-3.5" below collar center

SLEEVE (S)

3" wideOuter bicep left and/or right

PLAYER NAME

Adult: 2" tall Youth: 1.75" tall Back across shoulders

PLAYER NUMBER

Adult: 8-10" tall
Youth: 6-8" tall
Center back below number



Best formulas for soccer: Silicone or Hybrid + Blocker — built for sublimated mesh and high-performance fabrics.

Pro Tips for Decorating Soccer Uniforms

- 1. Mind the Mesh: Use a cover sheet to avoid texture imprinting.
- 2. Keep it Straight: Align numbers using a t-square to avoid slanting on curved jerseys.
- 3. Avoid Seams: Offset the jersey or use a heat press pad for even pressure.
- 4. Press in Stages: Numbers first, then crest/sleeve hits to prevent shifting.
- **5. Pre-Press:** 3–5 seconds removes moisture and improves adhesion.

Football Jerseys

Built for impact — on and off the field. Football jerseys need large, high-contrast numbers for maximum visibility and transfers tough enough to handle stretch, thick seams, and serious contact. Choose a formula that applies cleanly without scorching and stays sharp all season.

SHOULDER/ SLEEVE

3-4" tall

Between shoulder seam and sleeve seam

FRONT LOGO/ SPONSOR

Optional: 3-5" below collar left, right, or center

PLAYER NUMBER

Adult: 10–12" tall Youth: 8–10" tall Centered on back panel



PLAYER NAME

Adult: 2.5" tall
Youth: 2" tall
Across upper back
above number



Best formulas for football: Varsity or Silicone — built to handle big numbers, heavy play, and repeated washing.

Pro Tips for Decorating Football Jerseys

- 1. Work around seams: Use heat press pads to get even pressure over thick shoulders.
- 2. Shoulder first: Use a hat press or a smaller platen to apply on shoulders/sleeves easily.
- 3. Block if needed: Sub in Silicone or Hybrid + Blocker if the jersey dye is prone to bleeding.
- Avoid scorching: Lower-temp formulas prevent marks on performance fabrics.
- 5. Size for visibility: Follow league guidelines so numbers stand out from the stands.

Cross Country Jerseys

XC uniforms need to be lightweight, breathable, and built for movement. Transfers should add bold visibility without adding bulk. For sublimated singlets, formulas with a blocker layer keep colors crisp from starting line to finish.



Pro Tips for Decorating Cross Country Jerseys

- 1. Go lightweight: Use thin, breathable transfers to keep athletes cool.
- 2. Mind the fabric: Use Hybrid + Blocker for sublimated singlets to prevent bleed.
- 3. Limit coverage: Smaller designs reduce heat retention on long runs.
- 4. Pre-press: A quick pre-press removes surface moisture for better adhesion.
- Contrast counts: Choose colors that stand out against track or course backdrops.

Ice Hockey Jerseys

Hockey jerseys are thick, roomy, and designed for durability — which means decorators should size big for maximum visibility on the ice. Transfers must adhere cleanly over heavy polyester and hold up to constant movement and contact.

FRONT LOGO

4" below collar, 10-12" wide

SLEEVE/ SHOULDER

3-4" tall

Between shoulder seam and sleeve seam

PLAYER NAME

Adult: 3" tall Youth: 2.5" tall Across upper back

PLAYER NUMBER

Adult: 10-12" tall Youth: 8-10" tall Centered on back panel





Varsity and Silicone formulas perform best on heavyweight poly — both hold up to play and repeated washing.

Pro Tips for Decorating Hockey Jerseys

- **Press in sections:** Sleeves and shoulders first to prevent shifting.
- Add pressure: Bulkier jerseys may require more press pressure for full adhesion.
- Keep it bold: Large numbers improve visibility on the ice.
- Use heat pads: Pads help even out pressure over thick seams.
- Check for movement: Position garments carefully before closing the press.

Spirit Wear

Spirit wear is where teams show their pride off the field — and where decorators can get creative with bold graphics, metallic finishes, and seasonal merch. From fan tees to hoodies and caps, the right transfers keep colors vibrant and designs sharp through every cheer, tailgate, and team photo.

FRONT LOGO/ SLOGAN

Adult: 8–10" wide Youth: 6–8" wide Centered on chest

SLEEVE HIT

3" wide on outer sleeve (team initials, mascot, or event date)

BACK SLOGAN / ROSTER

Adult: 8–10" tall
Youth: 6–8" tall
Centered on back panel

CAP FRONT

2–2.5" wide
Centered on crown
(use low-temp formula)



DTF for low-minimum personalization, Digital Hybrid for layered premium looks, and UV DTF for non-apparel items like mugs, tumblers, and banners.

Pro Tips for Spirit Wear

- 1. Mix formulas: Use the right transfer type for each garment and accessory.
- 2. Keep it comfy: Choose soft-hand finishes for apparel fans will actually wear.
- 3. Add personalization: Names, numbers, and inside jokes sell more pieces.
- 4. Bundle & upsell: Pair hoodies with caps, mugs, or blankets for game-day sets.
- 5. Seasonal refresh: Swap designs for playoffs, championships, and special events.

Stock Numbers

Need numbers in a hurry? Our ready-to-ship Stock Numbers make decorating team jerseys fast, easy, and cost-effective. Available in multiple sizes, styles, colors, and formulas ready to ship next business day.



Outline Style 1234567890 1234567890 14"

Which Formula Should You Use?

The right transfer formula depends on the fabric you're decorating. Use this chart to match your garment type to the transfer that will perform best, every time.

Compatible Fabrics	DTF 7-10 Seconds Max 60 PSI	Digital Hybrid 10 Seconds Max 60 PSI	Original 7 Seconds Max 60 PSI	Silicone 10-12 Seconds Med/Max 40-60 PSI	Varsity 7 Seconds Max 60 PSI
100% Cotton	320°F	300°F	320°F	-	325°F
Cotton/Poly Blend	310°F	300°F	320°F	-	325°F
100% Polyester	300°F	300°F	300°F	285°F	300°F
Tri-blends	300°F	300°F	320°F	-	325°F
Non Woven/Polypro	-	275°F	275°F	-	-
Neoprene	300°F	300°F	300°F	-	300°F
Denim/Canvas	300°F	300°F	320°F	-	325°F

Do's & Don'ts of Jersey Decoration Even seasoned decorators can lose time (and jerseys) to these common errors. Here's how to avoid them and keep every order game-ready!

DON'T DO THIS

- Forgetting youth scaling and using numbers that are too big
- X Skipping test presses
- Misaligned names or numbers
- Over-pressing or scorching the garment
- X Choosing the wrong transfer











DO THIS

- Choose the right size for the jersey you are decorating
- Always test 1 garment before running full team orders
- Use rulers and alignment guides
- Check the fabric and settings
- Check our compatibility chart

Fall Sports Jersey Decoration Cheat Sheet

Your quick guide to sizing, placement, and flawless application.

Placement

Front Number	8-10" tall (youth: 6-8") centered on chest
Back Number	10-12" tall (youth: 8-10") centered on back panel
Back Name	2-2.5" tall (youth: 1.75-2") upper back across shoulders
Sleeve Numbers	3-4" tall between seams





Sizing Chart: Names & Numbers

Chart	Na	me	Number		
Sport	Adult	Youth	Adult	Youth	
Soccer	2" tall	1.75" tall	8-10" wide	6-8" wide	
Football	2" tall	1.75" tall	10-12" wide	8-10" wide	
Cross Country (XC)	2" tall	1.75" tall	6-8" wide	6-8" wide	
Ice Hockey	3" tall	2.5" tall	10-12" wide	8-10" wide	

Pro Tip Scale numbers for youth jerseys so they stay balanced and legible.

Which Formula Wins?

Pick the right transfer for the job.

- Screen Print Varsity: Bold, durable, built for big numbers.
- Silicone: Low-temp, bleed-blocking, perfect for sublimated poly.
- **DTF:** Fast personalization, short runs, all-fabric flexibility
- Digital Hybrid: Premium texture and vibrancy for standout designs.
- UV DTF: Hard goods, helmets, bottles, accessories.

Press Settings at a Glance

Formula	Temp (°F)	Time (Sec)	Pressure	Peel Type
Varsity	300-325°F	7	Max	Hot
DTF	300-320°F	7-10	Max	Hot or Cold
Hybrid	285-320°F	10-12	Max	Cold
Silicone	285°F	10-12	Med-Max	Hot

Top 3 Mistakes to Avoid

- Misaligned names or numbers
- Use alignment guides or T-squares
- ★ Wrong transfer type for fabric
- Match the formula to the material
- ★ Over-pressing or scorching jersey
- Use correct temp/t

Stock Numbers

Formula	Styles			Sizes			Coloro	
	Block	Outline	Euro	4"	6"	8"	10"	Colors
Varsity	X	X	_	X	X	X	X	10 Colors
Silicone	Χ	X	X	X	_	Χ	X	Black & White

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GARCIA

Fall sports are just the beginning. Every season brings new teams, new challenges, and new chances to grow your business. That's why we build transfers that keep pace with your goals — whether you're decorating for a sideline hustle, outfitting an entire league, or scaling up to national accounts.

At 613 Originals, speed, quality, and consistency aren't extras — they're the standard.

Gear up for your next order at sports.613originals.com